



# MYANMAR BODYBUILDING FEDERATION

Under the Umbrella of The

## SOUTH EAST ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION



### REPORT OF THE

# 20<sup>th</sup> SOUTH EAST ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2026

## 14TH TO 18TH MAY, 2026 @ YANGON, MYANMAR

The 20th South East Asian Bodybuilding and Physique Sports Championships and Executive Council Meeting were successfully held in Yangon City, Myanmar, from 14 to 18 May 2026.

Myanmar claimed the overall champion title of Mr. South East Asia through their athlete Chan Mya Htun, and also won the Men's Team Championship.

The competition was well organized and ran smoothly. The hall was packed, and media coverage was extensive.

SEABPF, WBPF, and ABBF wish to congratulate the Myanmar Bodybuilding Federation for their commitment and support.



FOLLOW US NOW

[HTTP://WWW.WBPSF.ORG/](http://www.wbpsf.org/)



### TEAM MANAGERS MEETING AND JUDGES MEETING



### SEABPF EXECUTIVE COUNCIL MEETING



### OPENING CEREMONY



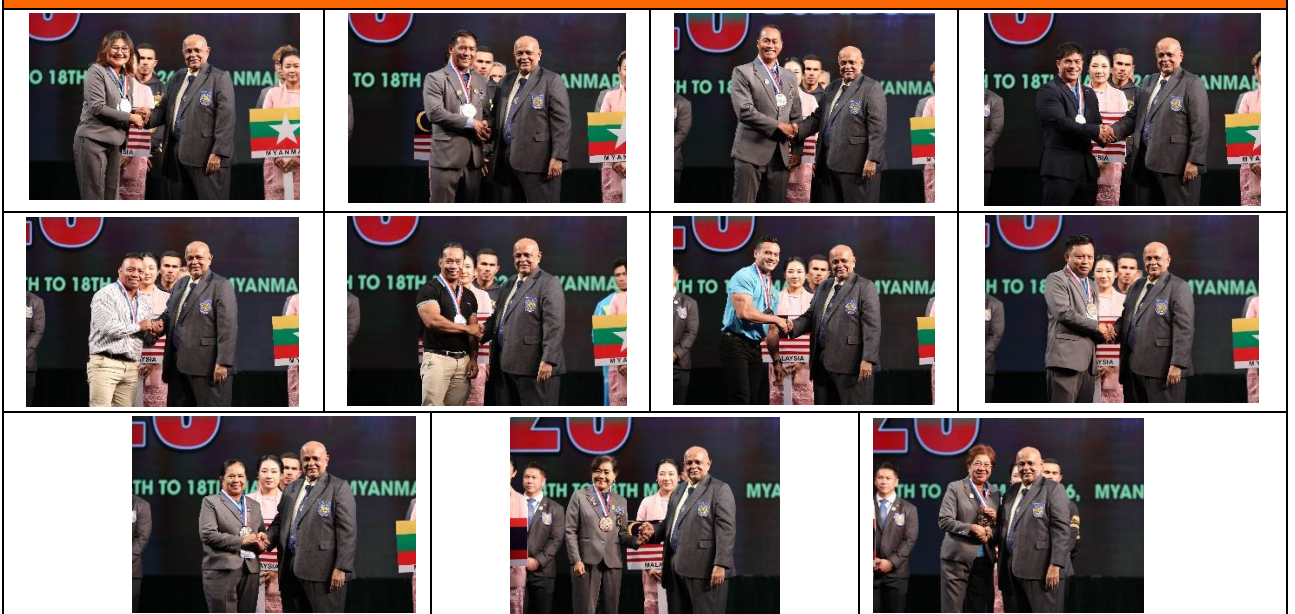
**WBPF PRESIDENTIAL GOLD ORDER**



**WBPF DISTINGUISHED SERVICE AWARD**



**WBPF GOLD & SILVER AWARDS**



**MEN'S JUNIOR BODYBUILDING UNDER 21 YRS**



11	MUHAMMAD AQIL FARHAN BIN AZRI	Malaysia	6	7	13	1st
10	SIT PAING LIN	Myanmar	11	11	22	2nd
7	MAI HOANG BAO CHIEU	Vietnam	14	14	28	3rd
8	MOE MYINT HEIN	Myanmar	18	18	36	4th
9	LE HOANG ANH	Vietnam	25	25	50	5th

**MEN'S BODYBUILDING 55 KG**



12	NGUYEN VAN TAI	Vietnam	5	5	10	1st
15	SAW MIN NAING	Myanmar	10	10	20	2nd
14	THANT SIN SOE	Myanmar	15	15	30	3rd

**MEN'S BODYBUILDING 60 KG**



18	AUNG HTUT	Myanmar	5	5	10	1st
17	LIN LIN HTET	Myanmar	10	11	21	2nd
19	PHUNG HUU THANH	Vietnam	15	14	29	3rd

**MEN'S BODYBUILDING 65 KG**



31	HEIN ZAW LIN	Myanmar	5	5	10	1st
25	AEKKARAT SRISOPHA	Thailand	11	10	21	2nd
27	NGUYEN THANH DAT	Vietnam	15	15	30	3rd
21	LOGANATHEN CHANDRAN	Malaysia	22	21	43	4th
23	NGUYEN THANH CHI	Vietnam	23	24	47	5th
20	MYAT MIN THU	Myanmar	30		30	6th

**MEN'S BODYBUILDING 70 KG**



29	DO HOANG ANH	Vietnam	5	5	10	1st
26	MUHAMMAD SHAMEERIN BIN RAML	Malaysia	10	10	20	2nd
28	HTUN MIN NAING	Myanmar	17	16	33	3rd
56	MYO THU RA KYAW	Myanmar	18	19	37	4th
30	TEO WEE BENG, DENNIS	Singapore	25	25	50	5th

**MEN'S MASTER BODYBUILDING OVER 45 YRS**



49	AUNG KHINE WIN	Myanmar	8	5	13	1st
40	MARWIN BATINGA	Philippines	10	10	20	2nd
33	MG MG MYINT	Myanmar	17	16	33	3rd
38	TOH SHEAU JONG	Malaysia	20	21	41	4th
39	ABDUL MUTALIB BIN MD ISA	Malaysia	22	24	46	5th
21	LOGANATHEN CHANDRAN	Malaysia	30		30	6th
30	TEO WEE BENG, DENNIS	Singapore	35		35	7th

**MEN'S SPORTS PHYSIQUE UP TO 170 CM**



85	NAY MYO HTUT	Myanmar	10	11	21	1st
87	WATCHARAKON DUANGDET	Thailand	11	11	22	2nd
89	MUHAMMAD JOHARI BIN AMIRRUDI	Malaysia	14	14	28	3rd
83	MOHD RAZIMAN BIN MOHD RASANI	Malaysia	19	18	37	4th
81	MOHD AL BADRUL BIN ABU	Malaysia	21	20	41	5th

**MEN'S SPORTS PHYSIQUE OVER 170 CM**



96	JATSADA AROONWIGIT	Thailand	9	6	15	1st
90	KHUN DO AUNG SAN	Myanmar	13	15	28	2nd
93	SANTISOUK DOUANGKEOMANY	Lao	18	16	34	3rd
91	ZAYAR PHYO	Myanmar	22	17	39	4th
97	MUAMMAR GADDAFI BIN MUHAMAD	Malaysia	24	22	46	5th
92	MOHD AZIZOL BIN ZAKARIYA	Malaysia	27		27	6th
94	AFFAN AFFANDY SAZALI LEE	Malaysia	30		30	7th
95	MUHAMAD SYAHIRAN BIN ABD RAZA	Malaysia	37		37	8th

### MEN'S FITNESS PHYSIQUE OPEN CATEGORY



100	KAN HTUN ZAW	Myanmar	7	9	16	1st
102	DINH QUOC HUNG	Vietnam	13	10	23	2nd
98	TA PHUC NHAT TAN	Vietnam	14	11	25	3rd
148	HTET NAY WON	Myanmar	16	20	36	4th

### WOMEN'S FITNESS PHYSIQUE OPEN CATEGORY



116	DO THI VAN ANH	Vietnam	8	6	14	1st
130	WIN THAWDAR AUNG	Myanmar	9	9	18	2nd
133	NGO TRUONG HOAI AN	Vietnam	15	16	31	3rd
134	KHINE HSU ZAR THIN	Myanmar	17	19	36	4th

**MEN'S BODYBUILDING 75 KG**



33	MG MG MYINT	Myanmar	10	6	16	1st
36	PHUNG CHI THANH	Vietnam	12	10	22	2nd
34	STEVEN SOE TUN	Myanmar	13	14	27	3rd
35	MUHAMMAD SHAZWAN ZAFRAN BIN	Malaysia	15	18	33	4th
37	TRAN THANH LIEM	Vietnam	19	19	38	5th

**MEN'S BODYBUILDING 80 KG**



62	CHAN MYAE TUN	Myanmar	5	5	10	1st
40	MARWIN BATINGA	Philippines	13	11	24	2nd
41	DAO HOANG HON	Vietnam	13	13	26	3rd
42	HO DUY KHANG	Vietnam	16	18	34	4th
38	TOH SHEAU JONG	Malaysia	26	25	51	5th
39	ABDUL MUTALIB BIN MD ISA	Malaysia	28		28	6th
43	MYAT THU NAING	Myanmar	31		31	7th

MEN'S BODYBUILDING OVER 80 KG



44	LU GIA NAM	Vietnam	6	5	11	1st
50	VU HAI DANG	Vietnam	10	13	23	2nd
49	AUNG KHINE WIN	Myanmar	15	10	25	3rd
45	MAHADI BIN ABD LATIB	Malaysia	16	21	37	4th
47	GERDASHLIE ANAK BODOS	Malaysia	24	23	47	5th
46	OAK SOE KYAW	Myanmar	28		28	6th

MEN'S ATHLETIC PHYSIQUE UP TO 160 CM



59	HEIN HTET ZAW	Myanmar	6	7	13	1st
60	LE HUU PHUOC	Vietnam	8	7	15	2nd
61	YE HTET NAING	Myanmar	15	15	30	3rd

MEN'S ATHLETIC PHYSIQUE UP TO 167 CM



67	WAI LIN KYAW	Myanmar	6	6	12	1st
65	AFLISAHYIR BIN ALI	Malaysia	10	10	20	2nd
64	NGUYEN HUU THIEN	Vietnam	12	17	29	3rd
98	TA PHUC NHAT TAN	Vietnam	20	14	34	4th
99	BAN MAI	Myanmar	25	25	50	5th

MEN'S ATHLETIC PHYSIQUE OVER 167 CM



80	TARATPHONG KUEATHONG	Thailand	8	5	13	1st
76	ABDUL FIKRY BIN GAPARE	Malaysia	11	10	21	2nd
77	MOHD ADZRUL RIDZUWAN BIN ADZA	Malaysia	11	14	25	3rd
70	KYAW YARZAR SOE	Myanmar	18	20	38	4th
73	MOHD DANISHAIZZ BIN ANUAR	Malaysia	21	24	45	5th
74	HTET LIN KO KO	Myanmar	24		24	6th
79	DUONG NHAT ANH	Vietnam	27		27	7th
75	PHAM VAN LAP	Vietnam	39		39	8th
78	DAVID SAKAI	Malaysia	43		43	9th
71	YEOH JI-GUO, JEREMY	Singapore	50		50	10th

WOMEN'S ATHLETIC PHYSIQUE UP TO 160 CM



106	LE NGOC XUAN MAI	Vietnam	6	8	14	1st
108	MOE THET KHINE	Myanmar	12	10	22	2nd
107	NGUYEN QUYNH TRANG	Vietnam	13	16	29	3rd
104	THEL WAR	Myanmar	18	14	32	4th
105	KHIN THANDAR HTUN	Myanmar	21	20	41	5th

WOMEN'S ATHLETIC PHYSIQUE OVER 160 CM



112	LE THI LE HOA	Vietnam	7	6	13	1st
111	HOANG THI DOAN TRANG	Vietnam	9	8	17	2nd
109	LILY NUR IZZATY BINTI AHMAD	Malaysia	12	14	26	3rd
110	LAE YEE HTUN	Myanmar	20	20	40	4th

WOMEN'S MODEL PHYSIQUE UP TO 160 CM



119	ME ME KYAW NAING	Myanmar	6	5	11	1st
116	DO THI VAN ANH	Vietnam	10	15	25	2nd
120	CHIRANAN SURAN	Thailand	15	12	27	3rd
133	NGO TRUONG HOAI AN	Vietnam	17	19	36	4th
115	HNIN PWINT PHYU	Myanmar	23	21	44	5th
113	MAY MI THEIN TAN	Myanmar	27		27	6th

WOMEN'S MODEL PHYSIQUE UP TO 165 CM



126	VADEETHARAT TOONTAM	Thailand	5	5	10	1st
125	LE THI CAM HUONG	Vietnam	11	14	25	2nd
122	HTOO MYAT WAI	Myanmar	13	13	26	3rd
123	DAPHNE DARLENE PAIN	Malaysia	19	19	38	4th
127	WINE YU YA OO	Myanmar	23	21	44	5th

WOMEN'S MODEL PHYSIQUE OVER 165 CM



128	HA THI THANH TRANG	Vietnam	6	6	12	1st
132	YOTHAKA SANGUANWONG	Thailand	13	9	22	2nd
130	WIN THAWDAR AUNG	Myanmar	13	13	26	3rd
129	AMI SHEIN	Myanmar	17	17	34	4th

MIXED PAIRS



3	DAO HOANG HON & LE THI CAM HUO	Vietnam	7	6	13	1st
	LU GIA NAM & NGUYEN THI THUY D	Vietnam	7	8	15	2nd
2	WAI LIN KYAW & LAE YEE HTUN	Myanmar	14	14	28	3rd

### MEN'S TEAM CHAMPIONSHIP



1ST	MYANMAR	730
2ND	VIETNAM	370
3RD	THAILAND	170

### WOMEN'S TEAM CHAMPIONSHIP



PLACE	GROUP	TOTAL SCORE
1ST	VIETNAM	345
2ND	MYANMAR	140
3RD	THAILAND	100



62

CHAN MYAE TUN

Myanmar

